

Northwest Urological Clinic PC  
Physicians and Surgeons  
2230 NW Pettygrove, Suite 210  
Portland, OR 97210  
503-223-6223  
fax 503-223-3665

### Needle Biopsy Prep

- Arrive at the office on: \_\_\_\_\_
- Administer a hand held 3 oz Fleets Enema (it can be purchased from your local pharmacy in a green and white box as an over-the-counter product) two hours before appointment.
- Take Cipro 500 mg 2 hours prior to your appointment time. Then continue taking the medicine, starting the night of the biopsy, twice a day (morning and night) until gone.
- **Please note** all aspirin and blood-thinning medication should be held five to seven days before your appointment.
- Continue your normal diet prior to the procedure.
- Please arrange transportation home.

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## **Prostate Needle Biopsy Information Sheet**

Recent advances in technology have now allowed that we can biopsy the prostate in the office with a special biopsy gun and small disposable biopsy needle.

It is important to understand that prostate needle biopsies cannot detect all cancers, and that the presence of a negative biopsy does not mean that no cancer may be found in the future.

There are some potential complications of this technique, which could cause serious infection of the blood stream, and if shaking, chills or fever develops, you should report these immediately to your doctor. Hospitalization and intravenous antibiotics may be necessary in 1% of cases. The antibiotic given prophylactically is generally all that is needed in accord with the instructions which you will be given separately.

Additional concerns include the possibility of some bleeding from the rectum, and again, maybe 1% of cases will require a small bit of suturing of a small artery in the rectum if this is lacerated by the biopsy technique. Some bloodstain to the bowel movement should not alarm you in the first day or two. Blood may also appear in the urine and later on when least expected, even several weeks down the road, in the ejaculate as well.

As a general rule, the whole process takes about 15 minutes and is not generally attended by much pain or discomfort, except for the inconvenience of multiple rectal examinations.

Your doctor will be happy to discuss any further concerns, which you have and you are encouraged to ask questions or have any of the above considerations explained further.